St Mary’s Catholic Primary School—Canteen Menu 2017—effective Monday, 20 February 2017

Lunch Orders: Hot Food (Tuesday to Friday)

- Chicken Nuggets (oven roasted) $0.50
- Crumbed fish $1.00
- Corn Cob $1.00
- Party Pies (Mrs Macs) $1.00
- Cruiser Beef Pie (Mrs Macs) $2.50

Home made:
- Quiche—ham, onion and cheese $4.00
- Sausage rolls $3.00
- Lasagne $4.00
- Macaroni Cheese $4.00
- Spaghetti Bolognese $4.00
- Chicken or beef burger (Friday only) inc burger, lettuce, tomato and cheese $4.50

Sandwiches: Wholemeal bread

- Chicken Cucumber Lettuce Tuna
- Ham Beetroot Vegemite Egg
- Tomato Cheese Carrot

1x filling $3.00 (except vegemite $2.50)
2x filling $3.50
3 or more fillings $4.50

Toasted Sandwiches: Wholemeal bread

- Ham Tuna Egg Cheese
- Onion Vegemite Tomato

1x filling $3.00
2x filling $3.50
3 or more fillings $4.50

Salads:

- Mini Munch: Lettuce, carrot, cucumber, tomato, cheese $4.00
- Super Salad: Lettuce, carrot, cucumber, beetroot, cheese, tomato, sweet corn $4.50
- Mega Salad: Super salad with ham or chicken or egg or tuna $5.00
- Fruit Salad: Seasonal fruit cut fresh $3.50

Gluten Free Options: Please add 40 cents to the total
Sandwiches, toasties, wraps as per menu
Spaghetti Bolognese, Macaroni Cheese

Monday—Healthy Eating Day:

- Sandwiches Fruit
- Toasties Drinks
- Salads Frozen Fruit
- Fruit Salad
- Sushi: Vegetarian or chicken $5 for 5 pieces

At the Canteen Window:

- Pop corn $2.00 Noodle snax $1.00
- Rice Snax—chicken or bbq $1.00
- Frozen yoghurt—strawberry, mango and vanilla $1.80
- Frozen pineapple ring/mango cheek $0.50
- Fruit from the basket apple, pear, banana, orange $0.50
- Boiled egg $0.50
- Nice and joosey 99% fruit juice ice blocks $0.50

Drinks:

- Fruit Juice $1.50
- Flavoured milk—chocolate, strawberry, banana $1.90
- Glee—fruit juice and carbonated water $2.00
- Fruit bomb—fruit juice and carbonated water $2.00

Miscellaneous:

- Tomato sauce $0.30 each
- Homemade cookies $0.20 each

Daily Specials

Tuesday: Fried rice (contains bacon) $4.50
- Garlic bread $0.30 per slice

Wednesday: Shepherds pie—Pastry, mince topped with mash potato $4.50

Thursday: Baked Potatoes with Bolognese/cheese
- Cheese/sour cream mix and match two toppings
- Tuna/cheese

Friday: Chicken or beef burger $4.50
- with lettuce, tomato and cheese
- Pizza slices $1.00 per slice
- Ham/pineapple/cheese
- Cheese
- Vegetarian